My First Prayer Book



Written by Sr. KAREN CAVANAUGH

Illustrated by WILLIAM LUBEROFF



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Important Prayers

THE SIGN OF THE CROSS

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

GLORY BE

Glory to the Father and to the Son and to the Holy Spirit: as it was in the beginning, is now and will be forever. Amen.

GRACE BEFORE MEALS

Bless us, O Lord, and these your gifts which we are about to receive from Your bounty, through Christ our Lord. Amen.

GRACE AFTER MEALS

We give you thanks, almighty God, for these and all Your gifts which we have received through Christ our Lord. Amen.

THE APOSTLES' CREED

I believe in God, the Father almighty, Creator of heaven and earth, in Jesus Christ, his only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen. 11

Prayers to Mary

THE MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession was left unaided. Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother. To you I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, do not ignore my petitions, but in your mercy hear and answer me. Amen.