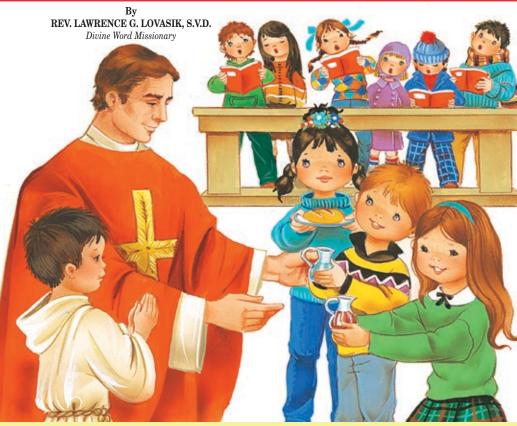
The HOLY EUCHARIST



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The priest changes the wine into the living Blood of Jesus. He uses the same words Jesus used at the Last Supper.

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The Mass—Our Greatest Gift to God

THE Mass is a true sacrifice because in it Jesus continues His Sacrifice of the Cross, and He gives us the graces He won for us when He died for our salvation.

There is nothing that we can give God as a gift that is greater than His own Son. We offer Jesus to His heavenly Father in the Mass as our Greatest Gift to God.

We join with Jesus and the priest in offering to God this highest form of worship:

- 1. To give God the highest adoration and glory.
- 2. To thank him for all his blessings.
- 3. To make up for all our sins.
- 4. To obtain all the blessings we need.

In the Mass it is Jesus Christ, God, as well as Man, Who is our High Priest and our Victim, praying for us to His heavenly Father.



The priest breaks the bread in the Mass showing that we must all share in the one Body Who is Christ.

"The Breaking of the Bread"

N the early Church the Mass was called "the Breaking of the Bread," because Jesus broke the bread, changed it into His own Body, and gave Himself as Food to His Apostles. He does the same for us in each Holy Mass.

The Communion of the Mass is the meal of the Lord's Body that nourishes us with the life of God through grace and unites us to Jesus and to one another.